

Hernia Patient Risk Stratification

**THE HERNIA
CENTER**
Complete Hernia Care

**UNIVERSITY
SURGEONS**
ASSOCIATES, P. C.

Patient Risk Factor Worksheet

My Preoperative Risk factors

Smoking. Yes / No : amount _____

Obesity. Yes / No : BMI _____

Immune suppression. Yes / No : amount _____

Significant Comorbidity Yes / No : type _____

Sedentary lifestyle. Yes / No : amount _____

Infection Risk Low / Moderate / High

My Goals Before Surgery

Smoking. _____

Weight/BMI. _____

Immune suppression. _____

Medical improvements. _____

Physical activity. _____

Mesh Options. Permanent / Biologic / Absorbable

Physician _____ Patient _____